CTS-6 Evaluation Tool

The Value Added by Electrodiagnostic Testing in the Diagnosis of Carpal Tunnel Syndrome
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Symptoms and History

1. Numbness predominantly or exclusively in the median nerve territory
   Sensory symptoms are mostly in the thumb, index, middle and/or ring fingers
   ______ (3.5)

2. Nocturnal numbness
   Symptoms are predominantly the patient sleep; numbness wakes patient from sleep
   ______ (4)

Physical examination

3. Thenar atrophy and/or weakness
   The bulk the thenar area is reduced or where manual motor testing shows strength of grade 4 less
   ______ (5)

4. Positive Phalen’s test
   Flexion of the wrist reproduces her worsened symptoms of numbness in the median nerve territory
   ______ (5)

5. Loss of 2 point discrimination
   Failure to discriminate 2 points held 5 mm or less apart from one another, in the median innervated digits
   ______ (4.5)

6. Positive Tinel sign
   Light tapping over the median nerve at the level of the carpal tunnel causing radiating paraesthesias
   ______ (4)

Total ______ (26)

>12 = 0.80 probably of carpal tunnel syndrome
>5 = 0.25 probably of carpal tunnel syndrome

*Disclaimer: This tool is modified from published literature validating the use of the CTS-6. It is not intended to be used for the diagnosis of any medical condition without evaluation by your physician. The diagnosis and treatment of any medical condition should be performed by a trained physician.